

Memorial Hospital  
Cafeteria Menu August 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 BBQ Brisket Potato Salad Ranch Style Beans Peas	2 Fried Chicken Mashed Potatoes Gravy Green Beans Ruben Sandwich	3 Beef Fajitas Refried Beans Spanish Rice Corn Grilled Ham & Cheese Sandwich Soup	4 Chicken Strips Mashed Potatoes Gravy Parslied Cauliflower Goulash	5 Roast Beef Mashed Potatoes Gravy Seasoned Carrots Combo Pizza	6 Catfish Strips Fried Okra Coleslaw Chili Dogs	7 Tacos Beans & Rice
8 Chicken Strips Mashed Potatoes Gravy Carrots	9 Mesquite Chicken Rice Vegetable Medley Potato Bar	10 Breaded Pork Chop Roasted Red Potatoes Spinach Turkey Sub	11 Chicken Fried Steak Mashed Potatoes Carrots BLT Sandwich	12 BBQ Chicken Potato Wedges Green Beans Tuna Wrap	13 Lemon Pepper Tilapia Scalloped Potatoes Vegetable Blend Chicken Broccoli Casserole	14 Spaghetti Broccoli Garlic Bread
15 Mesquite Chicken Roasted Red Potatoes Carrots	16 Chicken Cordon Blue Rice Pilaf Broccoli Bacon Cheese Burger French Fries	17 Meatloaf Gravy Squash Medley Ham & Cheese Sandwich	18 Chicken Fried Rice Egg Rolls Seasoned Carrots Beef Enchilada Refried Beans Spanish Rice	19 Baked Chicken Baked Potato Cauliflower and Peas Pop Corn Shrimp	20 Steak Fingers Gravy Fries Capri Blend Vegetables Chicken Salad Sandwich Zucchini Sticks	21 BBQ Chicken Potato Salad Zucchini Ranch Style Beans
22 Roast Beef Duchess Potatoes Scandinavian Vegetables	23 Lasagna Garlic Bread Seasoned Carrots Fajita Chicken Wrap	24 Hamburger Steak Mashed Potatoes Green Beans Brown Gravy Corn Dogs French Fries	25 Chicken Nuggets Sweet Potato Fries Brussels Sprouts Bean & Beef Burritos	26 Salisbury Steak Mashed Potatoes Gravy Broccoli Taco Bar Beans Spanish Rice	27 Baked Cod Parmesan Noodles Peas Sandwich Bar	28 Country Fried Steak Mashed Potatoes Gravy Prince Edward Vegetables
29 BBQ Brisket Potato Salad Ranch Style Beans Peas	30 Fried Chicken Mashed Potatoes Gravy Green Beans Ruben Sandwich	31 Beef Fajitas Refried Beans Spanish Rice Corn Grilled Ham & Cheese Sandwich Soup				